



PORT MACQUARIE HASTINGS CANOE CLUB INC

SCHEDULE OF PADDLES

MAY, JUNE, JULY 2021



A glorious morning on Killick Creek, Crescent Head.

This is our winter schedule of paddles encompassing May, June & July. Thank you to our trip leaders & the touring subcommittee for their continued work in organising our paddles.

Once again the plea goes out for more members to volunteer to lead paddles.

Enjoy your paddling & stay safe & healthy throughout 2021.***Due to ongoing/fluctuating COVID-19 restrictions, this schedule & any gatherings related to listed activities may be subject to change. If unsure, contact President Greg Donaldson on 0428 960 264.

**IT IS THE POLICY OF THE PORT MACQUARIE
HASTINGS CANOE CLUB INC (PMHCC) THAT
LIFE JACKETS (PFD'S) BE WORN AT ALL TIMES
WHILST PARTICIPATING IN CLUB PADDLES**



**PLEASE NOTIFY THE LEADER OF ANY PADDLE YOU INTEND PARTICIPATING IN AND ADVISE
HIM/HER OF YOUR INTENTION TO JOIN THEIR PADDLE. LIKEWISE IF YOU NEED TO CANCEL.**









THIS IS OUR WINTER SCHEDULE OF PADDLES. MAKE SURE YOU STAY WELL HYDRATED,
WEAR WARM CLOTHING AND CARRY WET WEATHER GEAR/CHANGE OF CLOTHES.



I have to wear these shades because the bright sun
hurts my coals.

PLEASE ADHERE TO SOCIAL DISTANCING REQUIREMENTS WHILST PADDLING. WE TRY TO
SCHEDULE PADDLES FOR EARLY IN THE DAY, TIDES PERMITTING. START TIMES FOR PADDLES
ARE ON THE WATER. PLEASE ALLOW SUFFICIENT TIME TO UNLOAD YOUR KAYAK ETC SO
THAT PADDLES CAN GET UNDERWAY ON TIME. REMEMBER TO BRING WATER TO WASH
YOUR KAYAK DOWN WITH AFTER THE PADDLE.



<p>Sunday May 2</p>	<p>Pipers Creek, Kundabung. Rating 1</p>	<p>Approx. 8 kms or 12 down to the Maria River</p>	<p>8.30am OTW at Kundabung Reserve</p>	<p>Contact Stephen on stevecat31@hotmail.com Late morning tea/early lunch back at reserve or Kundabung hall</p>
<p>Tue. May 4,11,18 & 25</p> 	<p>Regular hard training run. Mostly skis & racing kayaks. Rating 2/3</p>	<p>Approx. 16kms from Marine Rescue Bldg. in Buller St. up Hastings River to Maria River & return</p>	<p>Early start. Coffee after at Seasalt Café near the Marina Park St</p>	<p>Contact Bill W for further details on kayakcas@hotmail.com</p> 
<p>Tue. May 4,11,18 & 25</p> 	<p>Tuesday Turtles AM Social Paddle. Rating 1</p>	<p>Short paddle on Hastings River</p>	<p>8am OTW at Settlement Point Reserve</p>	<p>**For May paddles please contact kayakcas@hotmail.com</p>
<p>Thurs. May 6,13,20,27</p> 	<p>Social AM paddle. Ratings 1 & 2. **Clean up on last Thursday of the month</p>	<p>6,10 & 14 kms options on the Hastings River. Cuppa after in the Reserve</p>	<p>7.50am briefing then 8am OTW. At Settlement Point Reserve. 7.40am OTW for 'Goldilocks' 10 kms paddle</p>	<p>Contact Greg D on kayakcas@hotmail.com. BYO coffee or take away from The Point Café opposite Settlement Point ferry.</p>
<p>Saturday May 8</p> 	<p>Wilson River, Telegraph Point. Rating 2</p>	<p>Approx. 15 kms upstream. Morning tea break at half way point</p>	<p>9am OTW at Log Wharf Reserve, Telegraph Point</p>	<p>Contact Greg D on gregjdonaldson@bigpond.com Picnic lunch after paddle at the Reserve</p>

<p>Sunday May 9</p>	<p>Mother's Day</p> 	<p>No paddle. Happy Mother's Day to all our mums, grandmas & great grandmas.</p>		
<p>Sunday, May 16</p> 	<p>Gogleys Lagoon, Dunbogan. Rating 1</p>	<p>Approx. 8- 10 kms around perimeter of Gogleys Lagoon from ramp, Dunbogan Reserve</p>	<p>10.30 am OTW from the ramp in the Reserve at the end of The Boulevarde at Dunbogan</p>	<p>Contact Peter L on peterglevy@bigpond.com **Lunch at either North Haven Surf Club or the Dunbogan Boatshed, depending on numbers</p>
<p>Sunday, May 23</p> 	<p>Connection Creek, in vicinity of Crescent Head, off Maria River Rd. Rating 2</p>	<p>Approx. 12 – 14 kms return</p>	<p>8.30am OTW from dirt ramp off Maria River Rd. **If road unsuitable there will be an alternative paddle TBA</p>	<p>Contact Bill or Caroline on kayakcas@hotmail.com Picnic lunch/late morning tea after paddle at launching site</p>
<p>Sunday, May 30</p> 	<p>Telegraph Point – Wilson River downstream to Maria River & Cooperabung Creek Rating 1/2</p>	<p>Approx. 12 kms return</p>	<p>9am OTW from Log Wharf Reserve, Telegraph Point</p>	<p>Contact Greg for details on gregjdonaldson@bigpond.com Picnic lunch back at Reserve after paddle</p>

<p>Tuesday June 1,8,15,22, 29</p> 	<p>Regular hard training run. Mostly skis & racing kayaks. Rating 2/3</p>	<p>16 kms+ from Marine Rescue Bldg Buller St. up Hastings River up to Maria River & return</p>	<p>Early start. Coffee after at Seasalt Café at the Marina, park Street</p>	<p>Contact Bill W for details on kayakcas@hotmail.com</p> 
<p>Tuesday June 1,8,15,22, 29</p> 	<p>Tuesday Turtles social paddle. Rating 1</p>	<p>Short paddle on Hastings River</p>	<p>8am OTW at Settlement Point Reserve near the ferry</p>	<p>Contact Marion for details on kayakcas@hotmail.com</p> 
<p>Thursday June 3,10,17,24</p> 	<p>Social AM paddle. Ratings 1 & 2 **Clean up on the last Thursday of the month</p>	<p>6,10 & 14 kms options on Hastings River from Settlement Point Reserve near ferry</p>	<p>7.50am briefing than 8am OTW. 7.40am OTW for the 10 kms 'Goldilocks' group</p>	<p>Contact Greg D on kayakcas@hotmail.com BYO coffee or take away from The Point café opposite the Settlement Point ferry **Contact Bill W for 'Goldilocks' group</p>
<p>Sunday June 6</p> 	<p>Camden Haven River, Kendall. Two options: Logans Crossing Rating 1 or Rossglen, Rating 1/2</p>	<p>Short option approx.. 6 kms return. Long option approx.. 11 kms return</p>	<p>9am OTW at Kendall boat shed, Old Bridge Rd. kendall</p>	<p>Contact Peter L for details on peterglevy@bigpond.com Picnic lunch back at boat shed or park (depending on conditions)</p>

<p>Sunday June 13</p> 	<p>Anabranches paddle off Maria River from Hacks Ferry. Rating 1/2</p>	<p>Approx. 12 km paddle through the Maria & Torrens Ana- branches</p>	<p>10am OTW from ramp in private property at the end of Hacks Ferry Rd., Telegraph Point</p>	<p>Contact Greg D on gregjdaldson@ bigpond.com Picnic lunch after at Log Wharf Reserve, Telegraph Point</p>
<p>Sunday June 20</p> 	<p>Winter Solstice sunrise paddle. Channel your inner Druid</p> 	<p>Leisurely paddle on Hastings to see the sunrise on the shortest day of the year in the Southern Hemisphere</p>	<p>6.30am OTW at Westport Park boat ramp. Brekkie after at Seasalt café. **Must know by Wednesday if coming for brekkie so we can book</p>	<p>Contact Chief Druid Greg or gregjdaldson@ bigpond.com</p> 
<p>Monday June 24</p> 	<p>Moonlight paddle. Lights MUST be used Rating 1</p>	<p>Approx. 6 – 8 kms on Hastings River</p>	<p>5pm OTW at Settlement Point Reserve near ferry. **Check with Greg for details of a possible dinner after paddle</p>	<p>Contact Greg D on gregjdaldson@ bigpond.com</p> 
<p>Sunday June 27</p>	<p>Yarrahappini Wetlands from Rainbow Reach. Rating 1. Long option: Rating 2</p>	<p>Approx. 10 kms around the wetland area. Long option: 16 kms around Cockle Island</p>	<p>10am OTW from oyster shed at the end of Suez Rd. Rainbow Reach. ** Possible lunch after at Smithtown Pub</p>	<p>Contact Greg D for shorter gregjdaldson@ bigpond.com OR Bill W for longer option on kayakcas@hotmail.com</p>

<p>Tuesday July 6,13,20 & 27</p> 	<p>Regular fast training run. Mostly skis & racing kayaks. Rating 2/3</p>	<p>16kms+ from Marine Rescue Bldg. Buller St. up the Hastings River to the Maria River & return</p>	<p>Early start. Coffee after at Seasalt café near the Marine in Park Street.</p>	<p>Contact Bill W for details</p> 
<p>Tuesday July 6,13,20 & 27</p> 	<p>Tuesday Turtles social paddle. Rating 1</p>	<p>Short paddle on the Hastings River</p>	<p>8am OTW from Settlement Point Reserve near ferry</p>	<p>Contact Marion for info on</p> 
<p>Thursday July 1,8,15,22 & 29</p> 	<p>Social AM paddle. Ratings 1 & 2 **Clean up on the last Thursday of the month</p>	<p>6,10 & 14 kms options on the Hastings River from Settlement Point Reserve near the ferry</p>	<p>7.50am briefing then 8am OTW. 7.40am OTW for the 10 kms 'Goldilocks' group</p>	<p>Contact Greg D on gregjdaldson@bigpond.com OR Bill W for the 'Goldilocks' group on BYO coffee or take away from The Point Café opposite the ferry</p>
<p>Sunday July 4</p> 	<p>Lake Cathie & environs. Rating 1</p>	<p>Approx. 8 – 10 kms around creek and lake</p>	<p>9am OTW from boat ramp in Evans Rd. Lake Cathie</p>	<p>Contact Leon for info on info@birchbb.com Picnic lunch after at Lake Cathie</p>

<p>Sunday July 11</p> 	<p>Stingray Creek, off Camden Haven River Rating 1: Longer option: to Limeburners Creek Rating 2</p>	<p>Approx. 8 - 10 kms through the mangroves & along the creek to Queens Lake. Option 2: approx. 12 - 14 kms</p>	<p>9am OTW from Henry Kendall Reserve on Stingray Creek.</p>	<p>Contact Greg D for shorter option on gregjdaldson@ bigpond.com OR Bill W for longer option on kayakcas@hotmail.com **Possible lunch after at North Haven Surf Club</p>
<p>Sunday July 18</p> 	<p>Sancrox to Sarahs Creek Rating 1/2 Shorter option to top of islands Rating 1</p>	<p>Approx. 13 kms</p>	<p>9am OTW from private property at Sancrox. Beware of rocks when you paddle under the Rawdon Island bridge</p>	<p>Contact Stephen C for longer option on stevecat31@hotmail.com Contact Peter Levy for shorter option on peterglevy@bigpond.com **Picnic lunch after</p>
<p>Friday July 23</p> 	<p>Moonlight paddle. Lights MUST be used. Rating 1</p>	<p>Approx. 6 – 8 kms on Hastings River</p>	<p>5 pm OTW from Settlement Point Reserve. **Possible dinner after paddle</p>	<p>Contact Greg D for info on gregjdaldson@ bigpond.com</p> 
<p>Sunday July 25</p> 	<p>Limeburners Creek from Tom Dick's Hole on Northshore. Rating 1. Longer option: towards Saltwater Lake. Rating 2/3</p>	<p>Approx. 8 – 10 kms to Shallow Lake & further, conditions permitting. Longer option: 27 kms to far lake</p>	<p>9am OTW for shorter option. 8.30am OTW for longer option</p>	<p>Contact Greg D for short gregjdaldson@ bigpond.com Contact Bill W for longer option: kayakcas@hotmail.com **Picnic back at Tom Dick's Hole after paddle</p>

RATING SYSTEM FOR CLUB PADDLES



RATING 1: 10 – 15 kms; rests along the way

Average rate 5 – 6 kph

RATING 2: 15 – 20 kms; fairly continuous paddling with short breaks.

Possibility of difficult conditions, open water, wind etc.

Average rate 6 – 7 kph

RATING 3: 20+ kms; fairly continuous paddling for 60 – 75 minutes; extended

time in the kayak & possibility of difficult conditions, wind & open water.

Average rate 6 – 9 kph

RATING 4: 30+ kms; hard paddling; long periods in the kayak

Average rate 10 kph

PLEASE REMEMBER TO WEAR YOUR PFD ON ALL CLUB PADDLES

Bring plenty of drinking water and remember to register your intention to paddle with the designated leader by 7pm on the Friday before the paddle.

While we try to maximize tides to our advantage, this is not always possible. White sandy beaches and coffee shops are also not always on the menu...although we try occasionally when opportunities present themselves!!

If you wish to bring a friend/new paddler along on a club paddle, please discuss this with the **Touring Coordinator, Peter Levy**. Many of our paddles are not suitable for newcomers to kayaking because of the distance covered and possible conditions that might be encountered. We prefer to arrange an alternative time and venue to assess and assist new paddlers. We need to gauge their level of fitness and experience, decide which outing would be suitable for them and fit them into a kayak (if they don't have one) and organise a paddle and PFD for them. This is to ensure their paddling experience with us is positive, safe and enjoyable. Not all paddles suit infrequent paddlers either.

If a friend does join you on one of our paddles, you will be required to accompany them throughout the paddle as the leader is responsible for the whole group, not just one paddler.

Prospective members are welcome to join us on three paddles before being asked to join the PMHCC INC. as our public liability and professional indemnity insurance is only applicable to financial members of the club. If they do not join after three paddles, they will be charged \$10 for each additional paddle for the use of the club's equipment. This money is donated by the club to a nominated charity. This is not an ongoing arrangement and club kayaks will not be loaned out. It is a temporary measure until the person has acquired their own equipment.

The Touring Sub committee hopes you enjoy this selection of paddles and welcomes suggestions from members for additional paddles.

Thank you to those members who make themselves available to lead paddles. Without them we would not be paddling as a group as often as we do and in different locations.

MOONLIGHT PADDLE REQUIREMENTS



Excerpt from Roads and Maritime website: re rowing/paddling vessels

“Such craft must have a torch or lantern ready to display in time to prevent a collision. Craft that are more than 4m long should exhibit two all round lights, either continuous or a combination of continuous and flashing white lights positioned at either end of the vessel”.

If uncertain, please speak to the leader of the moonlight paddle before the date of the paddle so you can secure appropriate lighting equipment.



